USER MANUAL  XOSS SMART ARM-band heart rate monitor	1.Product description  Thank you for choosing our product, the XOSS Smart arm-band HR monitor. The monitor transmits your HR in realtime with both Bluetooth an ANT+ protocol to your devices, helps you to train smarter. Please keep the user manual for reference.  ** (This product is for sport pur poses only and it is not meant to replace any medical advice.)  2. Accessories  Heart Rate monitor   Charging cable   User manual	3. Basic Parameters  Product size: 46.78x34.58x11.58mm  Product weight: 55 grams  Power: Rechargeable lithium battery 90mAh  Battery: 90mAh rechargeable lithium battery  Battery life: up to 20 hours  Waterproof level: IP67  Working temperature: -10 °C ~50 °C  Data transmitting: ANT+, BLE  Outer casing material: PC  Color: Black	4. Function and operation  Wearing Adjust the length of the arm belt so the monitor could be fastened tightly but comfortably to the arm.  Wearing position  Wearing position  Wearing position  Turning on: Press the on-off button on the monitor. The LED light of the monitor will flash in blue quickly, indicating the HR monitor is searching. Once the HR monitor is connected to your device the flashing of the light will slow down.	To check your HR data: use your devices or app on your phone. For more information about app connection, please refer to the next section, App connection.  Turning off: Press the on-off button when finished using. The LED will flash red, then the monitor will shutdown.  Checking battery status:  a. When pressing the on-off button, red light flashes, then it means the monitor needs to be charged.  b.The LED light will flash red and green alternately while charging. Once the battery is fully charged, the LED will flash green.	5. App connection  a. Turn on the Monitor and wear it, the LED of the monitor will flash in blue rapidly.  b. Turning on Bluetooth: Setting - Toggle Bluetooth to ON position.  c. Don't searching device or try to pairing on this page, just turn on Bluetooth and go to the Fitness APP!
d.Open the App-Go to settings-Sensors-Add a New Sensor-Quickly pair a new sensor and click it-Save sensor	6. Other compatible apps  Wahoo Polar Beat Sports Tracker Endomondo  The XOSS HR monitor supports Bluetooth and ANT+ protocol and is compatible with all other suitable devices. You can search the XOSS HR Monitor on your own devices once you turn one the Bluetooth or ANT+ feature. Search "ID:XXXXX" on your devices then link.  *Note: The copyrights of the App icons showed above reserved by the App development corporation. Error may appear due to the upgrade or connection restrictions.	7. Disclaimer  The information in this manual is for reference only. The product described may be subject to alteration owing to the manufacturer's continuing research and development plans, without making an announcement in advance.  We shall not make any statement or warranty about this manual or the contained product. We shall not bare any legal responsibility for any direct or indirect, accidental or special damages, losses and expenses arising from or in connection with this manual or the contained product.	8. Warranty  Thank you for purchasing the product. The warranty of the product begins at the date of purchase for one year. Please contact the retailer for your warranty.  We do not provide warranty for following situations. a. Battery. b. The damage or lose of the product due to inappropriate usage. For instance placing the product under high temperature, in the water, etc. c. Disassemble the product without authorization.	10	