



X2 PRO

Product Introduction

Thanks for your choice of the XOSS X2 PRO Heart Rate Sensor !

XOSS X2 PRO applies to detect real-time heart rate data and supports data transmission through Bluetooth and ANT+ connections, which will help you to manage your exercise intensity scientifically.

XOSS X2 PRO can also store sports data as a standalone device, achieving lightweight sports.

*Note: This product is used for sports reference only and it is not intended as any medical advice.

Packing List

XOSS X2 PRO Heart Rate Sensor × 1

User Manual × 1

Chest Strap (Adjustable) × 1

Charging Base × 1



XOSS X2 PRO Heart Rate Sensor



User Manual



Chest Strap (Adjustable)



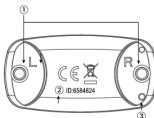
Charging Base

Product Description

Main Unit



Front Side

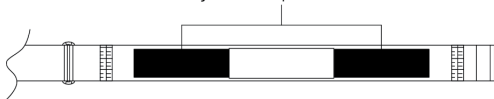


Back Side

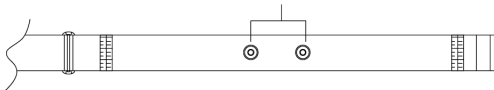
- ① Installation Direction Indicator
- ② ANT+ ID
- ③ Charging Contacts

Chest Strap

Sensing area that requires skin contact



Installation Position of Main Unit



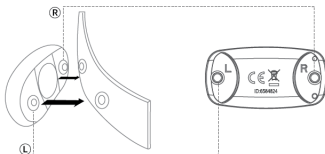
Instructions For Use

- 1 Moisten the sensing areas of the chest strap before wearing
- 2 Adjust the chest strap to a comfortable length and wear it under the chest line with the sensing area close to the skin

*The heart rate sensor should be worn below the chest line and close to the skin



- 3 Install the XOSS X2 PRO to the chest strap in accordance with the direction indicator on the back (L: left, R: right), with the XOSS logo facing up. The XOSS X2 PRO will automatically turn on when it detects the heart rate, and the indicator light will flash three times



Installation Direction

*Improper installation direction may result in the inaccuracy of heart rate

* XOSS X2 PRO will enter the standby mode and stop transmitting Bluetooth or ANT+ signals when heart rate is not detected correctly

- 4 Connect the heart rate sensor to a compatible APP or device that supports ANT+ (e.g.: bike computer)

XOSS APP Support

* Please make sure that the XOSS X2 PRO has been worn properly before use

* Compatible with smartphone systems of iOS 12.0, Android 7.0, or later

Search XOSS in Google play store/APP store, or scan QR CODE on the right to download XOSS APP



XOSS APP



QR CODE

Download and install the XOSS app.

Click **Devices** > **Sensors** to search and connect

Connect with other APPs:

XOSS X2 PRO adopts the standard Bluetooth heart rate protocol and you may read and record your heart rate data by other APPs.



Zwift



Strava



Wahoo Fitness



Polar Beat



Runtastic Pro



Nike+ Run Club

* All brand names and trademarks are properties of their respective owners.

Introduction to ANT+ use:

* Please make sure that the XOSS X2 PRO has been worn properly before use

Search and connect to the ID number of your XOSS X2 PRO by the ANT+ device. Once connected, you can use the ANT+ device to read and record your heart rate data.

Clean the XOSS X2 PRO in time after use for a longer service life

Heart Rate Sensor:

Detach the connector from the strap after each use and clean the connector device with a soft towel. Do not use any chemical cleaners.

Chest Strap:

Rinse the strap under running water and hang to dry after each use. Do not clean the strap in a washing machine or dryer.

Note

- * Do not use chemical cleaners (Chemical cleaners may cause chest strap to age rapidly, shorten its service life)
- * Do not stretch overstretch or overbend the electrode areas on the strap
- * Do not store the heart rate sensor in humid and gas-tight environment, to prevent rust and oxidation
- * Please store it in a cool and dry environment

Charging

- 1 Attach the charger to the device (R side with charging contacts), make sure that the charging pins on the charger align with the charging contacts on the device
- 2 When the indicator light is on, it means that the device is charging

Note

- * Before charging, please make sure that there is no moisture, dust, or dirt on the charging contacts of your XOSS X2 PRO and the charging adapter
- * Do not charge when the temperature is below 0°C/+32°F or above +50°C/+122°F, or when the charging port is wet
- * The maximum voltage and current is 5V1A, meanwhile, please make sure that the voltage does not exceed 5V
- * Please do not keep the battery in a fully discharged state or constantly fully charged for a long time, it may harm the battery life

Specification

Product Weight: 11 g

Heart Rate Zones: 30 - 240 bpm

Wireless Transmission: ANT+/Bluetooth

Transmission Distance: Bluetooth: 10m, ANT+: 6m

Endurance Time: Approximately 90 hours

Waterproof: IPX7

Operating Temperature: 0°C~50°C

Storage Temperature: -20°C~60°C

Size: 56.2 * 28.6 * 10 mm

Strap Adjustable Length: 70 - 100 cm

Data Storage: 48 hours

After-sales Service & Warranty

It has a one-year free warranty from the date of purchase, please contact your original dealer for warranty service.

The following conditions are not covered by the warranty:

1. The normal aging loss of the battery;
2. Damage and loss of products due to improper installation;
3. Damage caused by abnormal use, such as high temperature and water damage;
4. Damage caused by dismantling yourself or by unauthorized maintenance personnel.

Support

Please access <https://www.xoss.co> for more product information.

XOSS

EXTREME OUTDOOR SPORTS SCIENCE